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# Bread Dough Rising Process Observed by X-ray CT

## About the sample: Bread

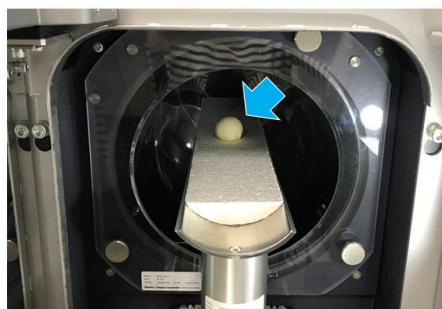
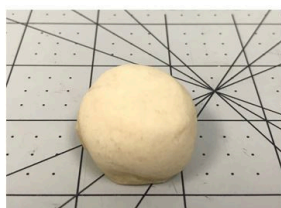
Factors such as the quality of the wheat protein and yeast and the amount of salt, fat, and sugar can affect the microstructure and total volume of the bread ([Mayo et al., \(2016\) API Conf. Proc., 1696, 020006](#)). To understand how each factor affects the resulting product, we need to understand the dynamic changes happening in the dough during the proving (rising) and the baking process. X-ray CT ([computed tomography](#)) can be used to visualize the microstructure during the process in-situ and to quantify the volume change, porosity, etc.

## Analysis procedure

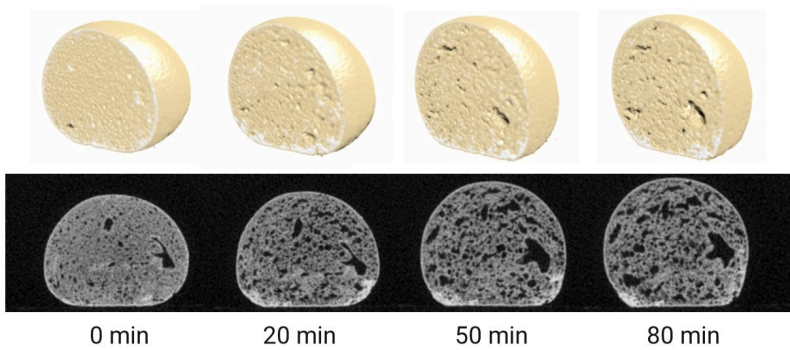
1. In this example, the rising process of bread dough was monitored using a high-speed-CT scanner, [CT Lab GX](#).
2. The resulting images were segmented into dough and air using the [thresholding](#) technique.
3. The change of the total volume, dough volume, and void percentage were calculated for a 110 minutes period.

### 1. CT scan

A little over an inch size bread dough was prepared. The sample was placed in the [gantry geometry](#) CT scanner so that the dough doesn't move during a fast scan.



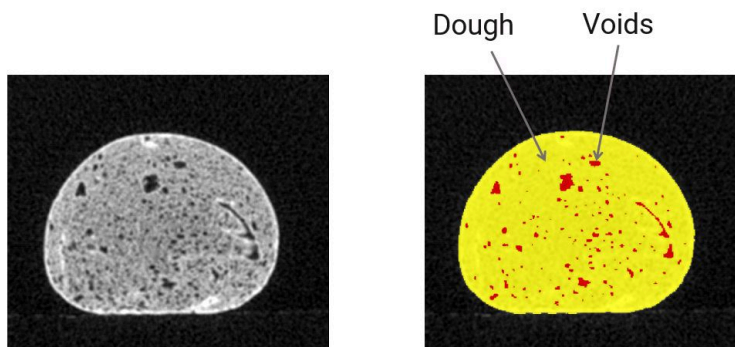
While the dough rises at room temperature, four 18-second scans were collected over 80 minutes to produce the 3D grayscale CT images. The 3D rendered images (top) and CT cross-sections (bottom) are shown. In the CT cross-sections, the dough is gray and the air is black. You can see the dough is rising and large voids are forming.



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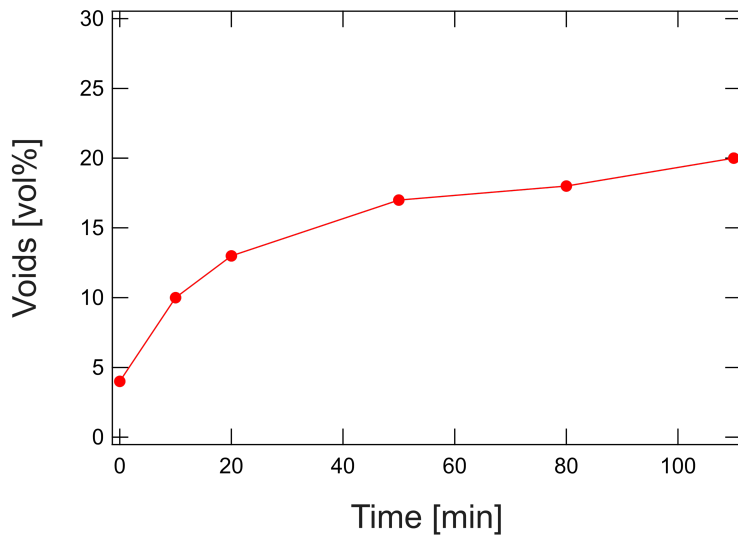
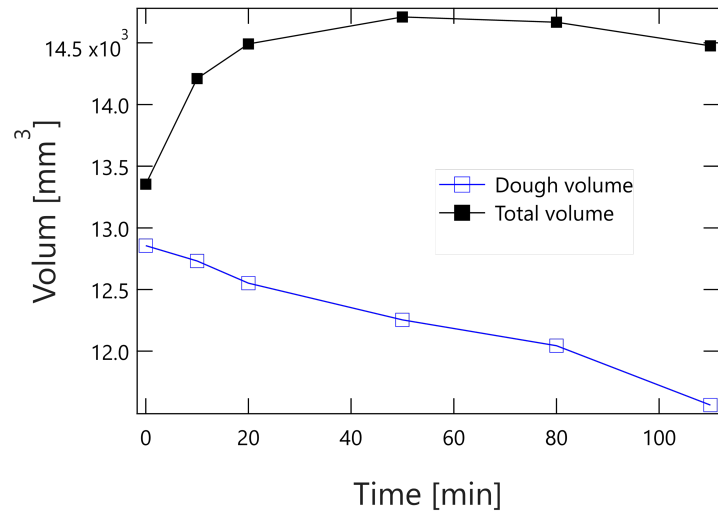
## 2. Segmentation

The resulting images were segmented into the dough (yellow) and the air (red) by the [thresholding](#) method.



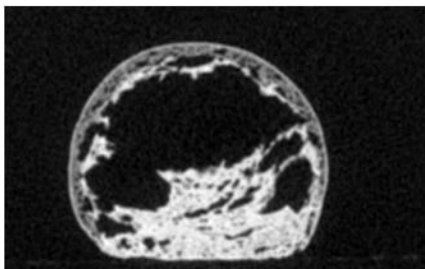
## 3. Volume fraction analysis

The change of the total volume (black solid square) and dough volume (blue open square) are shown followed by the void volume percentage (red solid circle) over a 110 minutes period. The total volume peaks at 50 minutes when the dough has fully risen, and it decreases as the dough over-rises. The dough volume decreases partly because the dough was not covered during the experiment and the moisture evaporated. You can also see the void percentage increases during this process.



**Extra: 18 hours later**

The dough was left in the CT scanner overnight. Here is how it looked 18 hours later.



18 hrs.

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## Related products



### **CT Lab GX**

High-speed, stationary sample microtomography of medium-size samples